ADVENTURE & NATURE SOCIETY

Local Adventures: Hike to Bhardwaj Lake

August 26, 2023

Faculty Escorts: Mr. Harish Dhawan, Ms. Gayatri Yadav

Resource Person and Guide: Mr. Prem Kumar Singh

Mr. Prem Kumar Singh is a mountaineer and an adventurer. He has been to various corners of the world and has been to various adventurous places from the war-torn areas of Russia or Kargil to the exotic rainforests of Papua, New Guinea to the mighty peaks of the Himalayas. In 2013, he climbed the highest peaks of 4 different continent including Mount Everest, Mount Elbrus, Mount Aconcagua, Mount Puncak Jaya.

Embarking on a journey of camaraderie and adventure, the members of our vibrant society set out for an unforgettable trekking experience to Bhardwaj Lake. With hearts brimming with excitement and backpacks filled with anticipation, we ventured into the embrace of nature's wonders. The trail ahead promised not just picturesque landscapes but also moments of shared laughter, challenges conquered, and memories etched into the tapestry of our group's story.

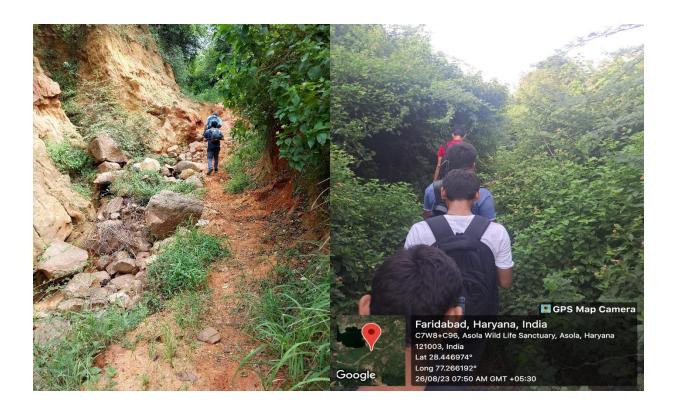
Bhardwaj Lake rests within the Asola Wildlife Sanctuary, nestled in the Aravalli Hills at the crossroads of Delhi and Haryana. An enticing destination for trekkers and picnickers alike, the lake's origin stems from unregulated sandstone, lime, and Badarpur sand mining. Its crystal-clear azure waters mirror the encircling hills that paint a picturesque panorama.

This lake ecosystem harbors diverse flora and fauna, including rabbits, deer, Nilgai, and a myriad of birds. Trails ranging in difficulty thread through the area, inviting hikers of all levels. Birdwatching enthusiasts frequent the lake, often sighting majestic hawks, eagles, and owls amidst the branches.

We drove to the Manav Rachna University on the Delhi-Faridabad border around 6:00 AM. From there, we followed the signs to the Asola Wildlife Sanctuary. The trek to Bhardwaj Lake is about 6 kilometers long and takes about 3 hours to complete. The trail is mostly rocky and uneven, so it is important to wear comfortable shoes. The trek was challenging but rewarding. Along the way, we saw a variety of trees and plants.

We reached Bhardwaj Lake at around 9:00 AM. The lake is a beautiful, serene place. The water is crystal clear and the surrounding hills are lush and green. We spent some time relaxing by the lake and enjoying the peace and quiet. We then hiked back towards the starting point and ended the hike around 12 pm.

As we ventured through the wilderness, we discovered more than just the beauty of nature; we unearthed the strength of camaraderie within our group. The challenges we faced, from navigating thorny vegetation to dealing with bug bites, fostered a sense of unity as we supported one another.









Hike Route Map



List of Participants

No. of Students: 17 No. of Teachers: 02

Name	Programme	Year
Sourabh	B.A. (H) Business Economics	Third
Aditya	B.A. (H) Business Economics	Third
Niket	B.A. (H) Business Economics	Third
Jigmet	B.A. (H) Business Economics	Third
Abhishek	B.A. (H) Business Economics	Second
Ayush Raj	B.A. (H) Business Economics	Second
Avadhoot	B.A. (H) Business Economics	Second
Devendra	B.A. (H) Business Economics	Second
Sourabh	B.A. (H) Hindi	Second
Harshit	B.A. (H) Business Economics	Second
Shivam	B.A. (H) Business Economics	Second
Nitin	B.A. (H) Business Economics	Second
Dhruv	B.A. (H) Business Economics	Second
Sruthi	B.A. (H) Political Science	Second
Nabeel	B. Com (Hons)	Second
Ayush	B.A. (H) Business Economics	Second
Diya	B. A. (H) Psychology	Second